



Moms In Motion

Where Helping to Improve Family Quality of Life is Our Reward!
August 2015 - Edition

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A Note From the Founder

As we approach August, we celebrate [25 years](#) of the Americans with Disabilities Act. The passing of this act on July 26, 1990 marked a landmark step towards a brighter future for all persons with disabilities. We not only celebrate what the ADA act provided, but celebrate the 25 years of tenacious advocacy that each of you has provided, and will continue to provide. Thank you for continued support! #ADA25

I am also so very proud that in September Moms In Motion will celebrate 6 years of providing service to this community! We have grown considerably in size and experience. We could not have seen such success without your support and the support of the amazing team members we have gathered to work with us.

Thank **YOU** & Thank you Team Moms!



Over the next years, our mission remains the same, to make our use of your time valuable and meaningful for you. To that end, we will be sending out surveys periodically to hear your feedback about us. As the late great Mayor of NYC used to say, we want to know "How'm I'm doin?".

Our Hard-Working DD Case Management Team!



Moms in Motion Job Opportunity

We are currently hiring a part-time, bilingual Family Resource Specialist. Twenty hours to start, full time potential. If you know of anyone who may be interested in joining our team, please have them send their resumes to HumanResources@MomsInMotion.net.

Update on Virginia's Settlement Agreement

In August 2012, the Commonwealth of Virginia entered into a Settlement Agreement with the U.S. Department of Justice (DOJ) based on DOJ's

findings that the Commonwealth was in violation of the most integrated setting tenets of the Americans with Disabilities Act and the U.S. Supreme Court decision in *Olmstead v. L.C.* as related to the provision of services and supports to individuals with intellectual and developmental disabilities.

On June 15, 2015, the U.S. Department of Justice sent a [letter](#) to Federal Judge John Gibney outlining concerns about the Commonwealth's implementation of the U.S. v Virginia Settlement Agreement and requesting an open hearing to address areas of non-compliance. The letter follows a (June 6, 2014) [report from the Independent Reviewer](#), which found the Commonwealth to be out of compliance in several areas including children's crisis, opportunities to live in the most integrated settings, subsidized community living options and employment/integrated day services.

The DOJ Independent Reviewer's [6th Semiannual Report](#) (June 6, 2015) that details areas Virginia is and is not in compliance with the agreement.

A **status hearing** regarding the U.S. v. Virginia Settlement Agreement has been scheduled for October 23rd at 10:00 am at the Federal Courthouse in Richmond. This is the first hearing regarding implementation of the U.S. v. Virginia Settlement Agreement, and it will be **open to the public**.

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What You and Your Service Facilitator Should be Discussing

1. **New for this period:**

1. **Approval process for EDCD and DD Waivers changing. -**

As per DMAS, the third party authorization provider of these services and many other Medicaid services will only be accepting requests via their web portal beginning September 1. The intention of this change is to reduce the time required to process requests. Moms In Motion is concerned and has expressed this concern to DMAS, etc. that KePRO's portal may not be able to handle the load of requests coming in. We've been assured that they are prepared. Just note, there maybe or may not be some bumps in the short-term road ahead. If we experience delays due this change, we will do our best to advocate for improvements to the system and communicate with you the status of the system change.

2. **At every visit:**

1. **Are you enrolled in Commonwealth Coordinated Care (CCC)? If so,**

which Managed Care Organization (MCO) are you using? -

CCC is an optional program for individuals who are served by both Medicare and Medicaid and meet other requirements. If you are enrolled, please let us know as you enroll, change MCO's or opt out. We have to get your hours re-authorized in each and every case.

2. **Any medical and/or functional changes.** -It is important to keep your service facilitator informed of any changes, big or small. This includes changes in medications, behavior, orientation, diagnoses, or abilities. Keeping this information up to date will ensure you and your loved ones are receiving the highest quality care.
3. **Who are your attendants and are they getting paid? -** Please be sure to update your service facilitator immediately if your attendants are not getting paid and you have not had luck troubleshooting with PPL. The quicker we can work together to get this corrected, the better for all involved :-)
4. **Have there been any recent hospitalizations? -**
If you have stayed in a hospital for more than 30 days or an inpatient rehabilitation center/nursing facility/mental health facility for 1 or more days, your services could be interrupted. This is why it is important to keep your service facilitator in the know. Please note ER visits do not count as hospitalizations, but are helpful to mention as part of the medical updates.
5. **Turning 18 -** We have an amazing [resource page](#) for young adults on our website. All of these issues and more are addressed there. If your child is turning 18 or just turned - it's a must read! Important steps to take to make sure there is no lapse in your waiver services. - You must get a disability determination to keep your waiver!

***Please note: your service facilitator should be seeing you at least every 30, 60, or 90 days. If not, please alert the [Division Manager](#) in your area.**

Waivers

Waiver Slots Released!

In its latest update to stakeholders, the Department of Behavioral Health and Developmental Services (DBHDS) reported that there are now more than 10,000 individuals with I/DD who are on waiting lists for the ID and DD Waiver programs. It is estimated that more than 50% of these individuals are in urgent need. The state budget approved by the General Assembly made [325 ID Waiver slots and 40 DD Waiver slots](#) available on July 1, 2015. The new slots provided by the Governor and General Assembly will serve 3.5% of the I/DD Waiver waiting list.

Waiver Redesign Update

Beginning July 2016, the Commonwealth will be launching a new I/DD Waiver program for Virginians with intellectual and developmental disabilities. The program will replace the existing Intellectual Disability (ID) Waiver and Developmental Disability (DD) Waiver with three new waivers:

- Community Living (CL) Waiver
- Individual and Family Support (IFS) Waiver
- Building Independence (BI) Waiver

Individuals currently receiving ID/DD Waiver services will be offered the opportunity to choose which of these three Waivers they will receive when they transition into the new program. See these two presentations for more proposed services, and more detailed information regarding waiver restructuring.

- [Presentation from June 8, 2015](#)
- [Presentation from January 29, 2015](#)

Maximizing Your Benefits

Individual and Family Support Program (IFSP) Update

Message from Bob Villa of [Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#): Round Two of the FY 2015 ISFP application process has been completed. 1885 applications were received. \$1.5 million was used to assist 597 persons.

The regional breakdown of accepted applications is as follows:
 HPR I 96 , HPR II 157, HPR III 88, HPR IV 136, HPR V 120

All applicants received written notification of the funding decisions, and were asked to complete a short survey. Results from the survey will be posted on the IFSP Web-site later this year.

The particulars for the FY2016 round of funding have not been determined. A workgroup has now been established comprised mostly of individuals, and their family members, who are currently on the waitlists for the Individual and Family Developmental Disabilities (DD) Waiver and the Intellectual Disabilities (ID) Waiver. The mission of the workgroup will be to redesign the IFSP and develop a coordinated supports model as required in the DOJ Settlement Agreement.

Updates will be posted on the [IFSP Web-site](#) (click the IFSP tab)

Respite Voucher Program

[Virginia Department for Aging and Rehabilitative Services \(DARS\)](#) offers temporary voucher program for [Respite Care Lifespan](#) Respite Voucher Program. Voucher funding is limited to a total of \$400 per family. Voucher funding will continue until August 31, 2015 or when funds are expended.

SSI Disability and Employment Benefits Assistance

Marilyn Morrison, Community Work Incentives Counselors for vaACCSES, will be offering free consultations to help families through the SSI process to problem solve and answer questions about benefits planning, analysis, advisement, benefits assistance, support planning, information and referral or other questions regarding employment goals.

To register for one of these sessions, visit [The Arc of Northern Virginia's](#)

[Site.](#)

Changes and Updates from the HIPP Programs

HIPP and HIPP for Kids are two Medicaid programs that may reimburse part or a participant's entire share of the employer sponsored group health insurance premiums. It is extremely important to report changes in order to receive timely reimbursement and avoid suspension or cancellation from the HIPP Programs.

- Changes need to be reported within 10 days of the date the change occurred.
- Some examples are: address, health insurance plan, or employment status changes.
- HIPP Program reimbursement checks cannot be forwarded. If you have moved and failed to report an address change the reimbursement check will be returned to the HIPP Unit.

For more information regarding the HIPP Unit please [visit](#) or [email](#). If you have any questions about HIPP, please direct them to your Moms in Motion Case Manager and/or Service Facilitator.

PPL - Public Partnerships Limited



Rate Increase! - Message from Public Partnerships LLC.

Starting July 1, 2015 all attendants working for an individual in the Consumer-Directed Program and Commonwealth Coordinated Care Program should have received a 2% hourly rate increase. The hours worked on and after July 1, 2015 should have been paid at the new rate. The new hourly rate, based on the region the consumer lives in, is:

New Rate:

Northern Virginia \$11.70 Rest of Virginia \$9.04

If you have questions about the rate increase, please call PPL Customer Service at 1-866-259-3009.

Check out Moms in Motion's:

- [PPL & Aides Resource Page](#)

Check out PPL's:

- [Consumer Directed Service Resource Page](#)
- [On-line Timesheet Tutorial](#)

Payroll Schedules for 2015-2016

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

Hiring a New Attendant?

Use [PPL's online application](#) to get a pre-populated hire packet sent to you.

Advocacy

The Community Integration Act (CIA)

A new proposal in the U.S. Senate would eliminate a government bias toward placing people with disabilities in institutional rather than community-based settings. The Community Integration Act would change things by requiring that states deem all individuals who are considered eligible for institutional care to also be eligible for supports in home and community-based settings. What's more, the [bill](#) would prohibit states from making people ineligible for services in the community based on their particular disability.

Right now is the time to [advocate](#) to your Representatives in the US Congress while they're back home in their local district offices for the Community Integration Act.

#CIA4ADA

Find a Peer Mentor

Having a Peer Mentor can powerful tool for decision making, support, and advice. The best way to learn is to learn from somebody who has lived it!

[The Arc of Virginia](#) and [Virginia Department of Behavioral Health & Developmental Services](#) have trained a class of Peer Mentors to assist individuals with disabilities to provide a natural support of a peer to peer relationship.

To find referral form or more details, go to this [page](#) on DBHDS website. (scroll down and click the Family Resource Consultants tab)

Cuts to Developmental Disabilities Programs by Senate

The US Senate is cutting funding to MANY programs, such as Protection and Advocacy, DD Councils such as the Virginia Board for People with Disabilities, and special education (IDEA) programs.

[More information](#) and how to contact your Senator.

In addition, SSDI (social security disability insurance), and lifeline programs that are essential to individuals with I/DD disabilities, are also coming under fire with additional medicaid cuts. To learn how you can act against this, utilize The Arc's [Lifeline Toolkit](#).

IRS's Regulations on the ABLE Act - Public Comment

The rule-making process of implementation of the Stephen Beck, Jr., [Achieving a Better Life Experience Act of 2014](#) is moving forward. Section 529A of the IRS Code provides rules under which States or State agencies or instrumentalities may establish and maintain this new type of tax savings program through which contributions may be made to the account of an eligible individual with a disability to meet qualified disability expenses. Public comment must be received by September 21, 2015. A public hearing will be held on October 14. For more information see the Federal Register [Notice of](#)

[Proposed Rule-making](#). You may want to also check out the United Cerebral Palsy [Summary of Proposed Regulations](#) developed by United Cerebral Palsy.

The latest newsletter from Virginia Board for People with Disabilities (VBPD)

- 2015 Case for Inclusion Report
- The Board is Hiring!
- New Resource for Information on Autism Spectrum Disorders
- Early Intervention in Virginia

[Read more](#)

Spotlight On...

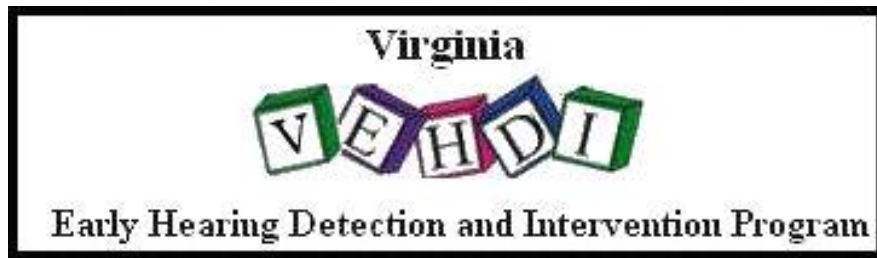
Care Connection For Children

A program sponsored by the Virginia Department of Health, which has been an advocate since 1936 for Children with Special Health Care Needs (CSHCN).



The Care Connection for Children (CCC) Program is part of a statewide system that helps families coordinate community and educational resources with medical expertise to insure that CSHCN can reach their maximum potential. There are six regional centers. To find your local provider click [here](#). Each center provides a variety of services which might include: Counseling, Information, Education, Social Support, Referrals, etc.

Blue Ridge CCC works to administer the Virginia Hearing Aid Loan Bank which is supported by the Virginia Office of Family Health Services and a part of the Virginia Early Hearing Detection and Intervention Program.



Virginia Association of Area Agencies on Aging

[Virginia Association of Area Agencies on Aging](#)'s "primary mission is to build the capacity of its members to help older persons to live with dignity and choices in their homes and communities for as long as possible, and to enhance elder rights." Their principle activities are to:

There are 25 Area Agencies on Aging in Virginia. Click [here](#) to find yours.

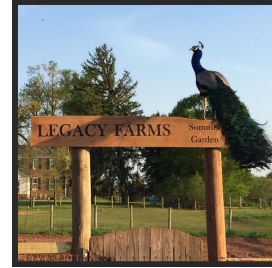


- Advocate
- Improve
- Promote
- Be a focal Point
- Facilitate

"Making Virginia "Elder Ready""

Legacy Farms - A Social Farm for Adults with Autism

Their Mission - "[Legacy Farms](#) is a nonprofit green care social venture dedicated to providing support services and agrarian based vocational training to adults with autism, as well as those with developmental and social challenges."



"Seeding Virginia with Hope"

Moms In Motion in the Community

Thank you for believing in us!

Moms in Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:



- [UVA](#)- "UVA Health System includes a hospital, level I trauma center, nationally recognized cancer and heart centers and primary and specialty clinics throughout Central Virginia. Ranked among the nation's top hospitals because of their doctors, nurses and caregivers who make every effort to push the envelope of healthcare. Their staff has been recognized for excellence by publications like U.S. News & World Report, Best Doctors in America, America's Top Doctors and more."
- **Current Clients!**- Big thank you to our current clients for sharing your experience with Moms in Motion with others and helping to spread the word! We are so thankful to have you!

Thanks to our Division 6 - Southwestern Division - Lauren Beckner!

She is known for the excellent job she does presenting to families in her area! "Hi Lauren, I just want to say thank

you so much for the great presentation yesterday and gifts. Everyone was talking about how helpful it was and how easy it is to listen to you. Would you also please thank the facilitator that came with you. Well take care and have a good week. Thanks, Brenda Taylor" ~ Parent Resource Coordinator

[Roanoke Care Connection for Children](#)



Events



[Arc of Virginia's Annual Conference](#) Share ideas, gain fresh perspectives, network and discover more about "A Life Like Yours"! Wyndham, Virginia Beach August 10-12.

[Living Well with Chronic Disease workshops](#) For anybody living with a chronic illness. August 7, 2015 at 10 am Warrenton, Va

[Life Rolls On They Will Surf Again - fundraiser and event](#) Volunteers assist people with disabilities to surf. Fundraiser: August 7, 2015 6 -10pm Ramada at 6th street, Virginia Beach VA
Event: August 8, 2015 9am - 3pm Virginia Beach Oceanfront 1st Street.

[TACA Coffee Talk](#) Join other TACA families in your local area to discuss information on diets, therapies, and other resources to help your Autism Spectrum Disorder-diagnosed children thrive. For Winchester area, meetings are held on the first Thursday of each month, and

Tools You Can Use

[Intro to Virginia Medicaid Waivers](#)

Video by Moms in Motion

[Frequently Asked Questions](#)

Regarding Consumer Directed Services by Moms in Motion.

[How to Fill Out a Hire Packet](#)

Video by Moms in Motion.

[Resource Directory](#) January 2015 Edition created by the [Charlottesville Region Autism Action Group \(CRAAG\)](#) and [Blue Ridge Care Connection for Children \(BRCC\)](#). The purpose of this directory is to increase community awareness of resources related to autism spectrum disorders.

[Why, When, and How Can I Get the IEP Revised?](#)

Consenting to an IEP does not mean you are stuck with it - or that it will be appropriate for an entire year.

Waivers

- VaWaivers, is used to discuss Virginia Medicaid Waivers. To join VaWaivers send a request to VaWaivers-subscribe@yahoogroups.com
- www.VaMedicaidWaivers.org The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia

for Sterling area, the second Tuesday of each month. To find a meeting, or for more info on TACA, visit [their site](#).

Winchester Next Meeting:
Thursday, August 6 10:00am-11:30am at Winchester Country Club.

Sterling Next Meeting:
Tuesday, August 11, 2015
10:00am-12:00pm at Wegmans.

[2015 Parent and Youth Empowerment Summit](#)

Providing youth with Special Needs (including those with Mental Health needs) and their parents the opportunity to gather information and ideas from presentations and exhibitors, to network and connect with other families, to increase the capacity of youth self-advocates, and to feel empowered by the experience. September 19, 2015 in Fairfax, VA.

[Assistive Technology through the Lifespan](#) Pediatric, adult speech, occupational and physical therapists are encouraged to join Children's Hospital of Richmond at VCU for this special symposium on assistive technology: October 3, 2015 8:30 a.m. to 4:15 p.m. Richmond, VA.

[Building Bridges V Conference - DD and ID in Racially, Culturally, and Linguistically Diverse Communities](#)

This one of a kind conference explores developmental and intellectual disabilities in racially, culturally, and linguistically diverse individuals, families, and communities. Nationally recognized presenters will explore models and best practices for working with these populations. 9am-4pm October 8, 2015

Medicaid Home and Community-Based Waiver Services.

- Sign up for updates on Virginia's Waiver Redesign Initiative. Send an email to waiverupdates@dbhds.virginia.gov and provide your email address in the body of the email (it is not required, but feel free to also briefly note if you/a family member is on the ID or DD Waiver, on a waitlist for the ID or DD Waiver, etc).

Finding Attendants

[A Virginia Statewide Directory](#) is now available for people who would like to become a Consumer-Directed Assistant and for people who need a Consumer-Directed Assistant. People wanting to become assistants can list their skills, availability, location, and contact information. People with disabilities that need assistants can search for a person to work with them that matches their needs.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern VA, so the reimbursement rate is only relevant to NVA.)

General Strategies to find attendants:

- Relevant departments of local colleges.
- Your local department of social services likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
 - [Care.com](#)
 - [Craig's List](#)
 - [MySupport](#)
 - [SitterCity](#)

Richmond, VA.

◦ [ShareNetwork](#)

[2015 Virginia Independent Living Conference](#) Keynote speakers, workshops and resources. October 8-9, 2015
Richmond, VA

[2015 The Association of Programs for Rural Independent Living \(APRIL\) Conference](#) Workshops, Youth group, awards, and nominations. October 16-18.
Virginia Beach, VA

Events listed here and future events can be viewed at Moms in Motion's [Calendar](#).

Connect with us:



Moms in Motion is a Service Facilitation provider for Medicaid CD-PAS (EDCD, ID & DD Waivers) enrollees and a Case Management provider for DD Waiver enrollees.

We are honored to serve Virginians with disabilities and their families.

MomsInMotion.Net

[Join My Mailing List](#)