



## *Moms In Motion*

Empowering One Family at a Time!

*June 2018*

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Our Family Resource Specialists and Admin Team!

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## What You and Your Service Facilitator Should be Discussing

### 1. New for this period:

1. If you are on the CCC Plus Waiver, did you know that you could also be on the waiting list for one of the three DD Waivers (Building Independence, Family and Individual Supports or Community Living)? [How to apply for the FIS or CL Waiver.](#)
2. Review Mobility and Behavior/Orientation levels as noted on our reports. Are they accurately reflecting your reality?
3. You can now enroll attendants online. [See PPL Section.](#)

### 2. At every visit:

1. Are you enrolled in the Commonwealth Coordinated Care (CCC) Program? If so, which Managed Care Organization (MCO) are you using?
2. Are there any medical and/or functional changes?
3. Who are your attendants and are they getting paid?
4. Have there been any recent hospitalizations?
5. Turning 18? We have an amazing [Resource Page](#) for Young Adults!
6. Reviewing time sheets filled out by your attendants.

## Waivers

### Which DD Waiver Meets Your Needs?

There are many services and supports on each of the three DD Waivers. It is important to know what options there are so you can make an informed choice when a waiver slot becomes available to you or to your loved one with a disability.

While you are on the wait list for a DD Waiver, Moms In Motion can be your Service Facilitator for the CCC Plus Waiver. Moms In Motion can also serve you when you have these two DD Waivers, [Community Living \(CL\) Waiver or Family and Individual Supports \(FIS\) Waiver](#). Please [contact](#) any one of our Family Resource Specialists to get the process started so Moms In Motion can be your Service Facilitator!

### Compare Services and Supports

### **The CCC Plus Waiver:**

The CCC Plus Waiver has no wait list. You can be on the CCC plus waiver and still apply for a DD waiver. If you qualify, you'll be placed on a wait list, which gives you access to the [Individual & Family Support Program \(IFSP\)](#). While you or your loved one with a disability is on the DD Waiver wait list, there is also access to services and supports through the CCC plus waiver. The CCC plus waiver includes:

- Personal Emergency Response System (PERS), includes Medication Monitoring
- Respite Services (Agency and Consumer-Directed)
- Service Facilitation
- Transition Services (\$5,000 per individual per lifetime)
- Adult Day Health Care
- Assistive Technology (AT) (\$5,000 per individual per state fiscal year)
- Environmental Modification (EM) (\$5,000 per individual per state fiscal year)
- Personal Care Attendant Services (Agency and Consumer-Directed)
- Skilled Private Duty Nursing (RN and LPN. Cannot exceed more than 112 hours per week)
- Respite Care (480 hours per fiscal year)

Read Moms In Motion's [CCC Plus Waiver Process Resource Page](#) and the [CCC Plus Waiver Fact Sheet](#). Our [Family Resource Specialists](#) can guide you through the application process and/or assist if you are denied waiver services.

### **The Three DD Waivers:**

Medicaid Waivers allows individuals with disabilities to remain in their homes and communities by providing access to services and supports. Having a Medicaid Waiver means waiving the right you or your family member with a disability has to receive institutional care and choosing instead to receive the same care in your home and in the community. Medicaid regulations specify that once an individual has been determined eligible for DD Waiver services by their local Community Service Board (CSB), they must be offered a choice between institutional or waiver services.

Virginia has been offering Medicaid funded community based supports to individuals with an intellectual disability through the ID Waiver since 1991, the Day Support (DS) Waiver since 2005, and individuals with developmental disabilities through the DD waiver since 2000. These were amended in September 2016 and are now called DD Waivers. There are three DD Waivers.

DD Waivers are for individuals with disabilities and have significant needs in three or more life areas including health, communication, task learning, personal care, motor skills, behavior, community living and self-direction. DD Waivers also covers children from birth through 9 years of age with a substantial developmental delay or specific congenital or acquired condition. A committee decides the person who has the greatest need for DD Waiver services and that person then gets to choose one of the three DD Waivers. These committees are comprised of community members who are not affiliated with a CSB or a private provider and have some knowledge and/or experience with persons with DD or the service system. Some people wait for many years to receive a DD Waiver, which is why it's important to apply for a waiver slot as soon as you can. Waiver slots are created when an individual who was previously receiving DD Waiver services moves out of state, passes away, moves into an nursing facility or institution, no longer meets eligibility, or chooses to no longer utilize the supports provided under the DD Waiver. The Virginia General Assembly releases funds for a few emergency waiver slots a year.

You do not have to apply or be enrolled in Medicaid when you apply for a waiver. To utilize waiver services, you or your loved one with a disability must apply and qualify for Medicaid if the person is not already enrolled once offered a spot. When a waiver spot opens and it's time to apply for Medicaid the individual's family does not have meet financial eligibility criteria, but the individual does to qualify for Medicaid. The recipient's income is the only one that will count toward

eligibility. Medicaid eligibility is determined by your local Department of Social Services.

The three DD Waivers are:

1. Building Independence (BI)
2. Family and Individual Supports (FIS)
3. Community Living (CL)

Each DD Waiver has different services and supports. It is important to know before you choose one of the three waivers to be aware of what is and what is not available. There are sub categories under the six service coverage options.

1. **Employment and Day Options**
  - Individual Supported Employment, Group Supported Employment, Workplace Assistance, Community Engagement, Community Coaching, Group Day Services
2. **Self-Directed Options** (can also be agency-directed)
  - Consumer-Directed Service Facilitation, Consumer Directed Personal Assistance Services, Consumer-Directed Respite, Consumer-Directed Companion
3. **Residential Options**
  - Independent Living Supports, Shared Living, Supported Living, In-home Support Services, Sponsored Residential, Group Home
4. **Crisis Support Options**
  - Community-Based Crisis Supports, Center-based Crisis Supports, Crisis Support Services
5. **Medical and Behavioral Support Options**
  - Skilled Nursing, Private Duty Nursing, Therapeutic Consultation, Personal Emergency Response System (PERS)
6. **Additional Options**
  - Assistive Technology, Electronic Home-Based Services, Environmental Modifications, Individual and Family/Caregiver Training, Transition Services.

**My Life, My Community's DD Waiver comparison chart which describes services and supports:**

- [Black and white](#)
- [Color coded](#)

You may want to talk about how your needs match up with the chart. A family member, a close friend, or another peer that already has a DD Waiver are some examples of who you can talk about which waiver will best meet your needs! Please feel free to ask questions on our [Moms In Motion's Facebook Discussion Group](#). Be aware this is a public group that is moderated.

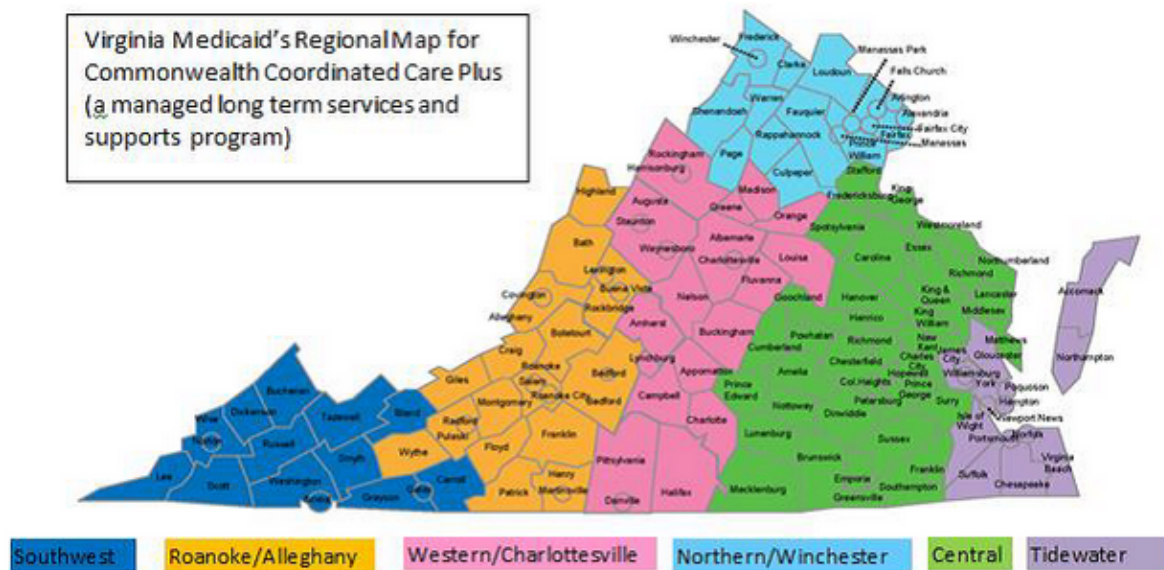
Read Moms In Motion's [CL and FIS Waiver Process Resource Page](#).

## Maximizing Your Benefits

### Transportation

On August 1, 2017 Department of Medical Assistance Services (DMAS) changed the current 7 regions for the Fee For Service (FFS) Non-Emergency Medical Transportation program. The regions have been realigned to match the [6 regions of CCC Plus](#).





Members enrolled in Commonwealth Coordinated Care Plus (CCC Plus) program and persons who are aged, blind, or disabled (ABD) and enrolled in Medallion 3.0 who have now transitioned to a CCC Plus plan will now have the CCC Plus health plan cover transportation to members non-waiver services. This includes medical, behavioral health, pharmacy, and addiction and recovery treatment services.

The [Transportation Contact List](#) from the Department of Medical Assistance Services (DMAS) Includes information on:

- Non-Emergency Medical Transportation (NEMT) Toll Free Telephone Numbers
- Fee-for-Service (FFS)
- Commonwealth Coordinated Care Plus (CCC Plus)
- Medallion 3.0 Managed Care Organizations (MCO)
- Reservation Numbers (and gas/bus tickets reimbursements)
- Ride Assistance
- Helplines for the six MCOs under CCC Plus

Other useful information:

- Virginia Medicaid Managed Care, known as Medallion 3.0 [Information Page](#)
- [Transportation Website](#) for Members, LogistiCare Providers, and Facilities
- [Ambulance Information and Fee Schedules](#)
- Ambulance [Billing Manual](#)

## Update on the Individual & Family Support Program (IFSP)

The Individual & Family Support Program is a result of the Department of Justice Settlement with the State of Virginia. The purpose of this fund is to assist individuals on the waitlist for a DD Waiver and their families to support them in their community as they wait for their slot to be funded. Read more on [Moms In Motion's IFSP Resource Page](#).

Turn in your receipts by July 1, 2018. All recipients must provide receipts to demonstrate that they have incurred expenses that are allowable under the IFSP Program Guidelines. If the Program does not receive the receipts for all approved funds, you will not be eligible for future IFSP application periods.

### Steps for Turning in Receipts:

1. Collect all receipts. (Keep a copy of the receipt.)
2. Please write FY 2018 on your receipt.
3. Write the name of the individual who is on the wait list on the left corner of the receipt. (If you are sending in receipts for more than one child, please be sure to itemize the receipts for each child separately.)
4. You may mail, e-mail or fax the receipts
  - E-mail to: IFSSupport - [IFSSupport@dbhds.virginia.gov](mailto:IFSSupport@dbhds.virginia.gov)
  - Mail to: DBHDS Individual and Family Support Program 1220 Bank Street  
Richmond, VA 23219 (Place the receipts in an envelope and mail to the address below. Please be sure to put your return address on the envelope.)
  - Fax to: 804-786-0076

## The Disability Integration Act Contest

Enter the [Disability Integration Act Essay Contest or Art Contest](#) to win a trip to this year's NCIL Conference! Your essay or art could win you a trip to Washington, D.C. to meet with Members of Congress about the Disability Integration Act. Deadline: June 15, 2018 at 11:59 p.m.

### Essay:

Young adults between the ages of 13 and 22 years are eligible to participate in this contest. Young adults do not need to be disabled, but must be able to demonstrate how the Disability Integration Act would impact them. In 500 - 2000 words tell us what the Disability Integration Act means to you and how your life will be impacted when the bill passes. If you have questions contact [essaycontest@ncil.org](mailto:essaycontest@ncil.org)

### Artwork:

Children ages 12 and under are eligible to participate in this contest. Children do not need to be disabled, but must use their artwork to demonstrate how the Disability Integration Act would impact them. The artwork may be no bigger than a standard poster board. In one piece of artwork, show us what the Disability Integration Act means to you and how your life will be impacted when the bill passes. You can also include 1 to 5 sentences with your artwork. If you have questions contact [artcontest@ncil.org](mailto:artcontest@ncil.org)

- What is the [Disability Integration Act](#)?
- What is the National Independent Living Conference all about? Read a [blog entry](#) written by a self advocate about her experience at the 2015 conference.

## PPL - Waiver Fiscal Agent/"Payroll"

### Check out Moms In Motion's:

- [PPL and Attendant Resource Page](#)



### Check out PPL's:

- Overview, Program Documents and Training [Resource Page](#)

- Request a [Pre-populated Packet](#) Attendant Application ([Link to submit](#))
- [Online Enrollment](#) for Consumers and Providers (EORs and Attendants)
- Submit an [Online Timesheet Tutorial](#) (Prompt to run Adobe Flash)

## Attendant Payroll Schedules for 2018 - March 2019

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

## Employee of Record (EOR) Manuals

- [July 2009](#)
- [March 2015](#)

## Update to PPL Online Portal

Message from PPL:

"We have updated the 'Forms to Sign' column in portal. If you are printing an attendant packet, all you need to do is select the box next to 'Forms to Sign' at the top and all the boxes will be checked off. When you do this, it will reflect what the current packet looks like. As you may recall, we stopped the Employment Agreement form and replaced it with the Attestation Form. The EA is no longer available in the 'Forms to Sign' column."

All Documents	Form Instructions	Forms to Sign	To Keep
<input type="checkbox"/> After Employment Forms	<input type="checkbox"/> Form Instructions	<input type="checkbox"/> Forms to Sign	<input type="checkbox"/> To Keep
<input type="checkbox"/> 01. Virginia Timesheet.pdf	<input type="checkbox"/> 01. Portal Cover Sheet.pdf	<input type="checkbox"/> 01. VA-DMAS-Attendant Enrollment Checklist 20140422.pdf	<input type="checkbox"/> 01. VA_DMAS-Attendant Welcome Cover20140425.pdf
<input type="checkbox"/> 02. VA_DMAS-Attendant Contact Info Change Form-201404251.pdf	<input type="checkbox"/> 02. Required Attendant Info Cover	<input type="checkbox"/> 02. Attendant Information and Attestation Form VADMAS	<input type="checkbox"/> 02. Table of Contents.pdf
<input type="checkbox"/> 03. VA_DMAS-Direct Deposit Form-20140422.pdf	<input type="checkbox"/> 03. Attendant Instructions Divider	<input type="checkbox"/> 03. USCIS Form	<input type="checkbox"/> 03. Automation Benefits Fact Sheet_2014_Attendant.pdf
<input type="checkbox"/> 04. IRS Form W-4.pdf	<input type="checkbox"/> 04. Instructions for Attestation Form	<input type="checkbox"/> 04. IRS Form W-4.pdf	<input type="checkbox"/> 04. VA_DMAS-Attendant Frequently Asked Questions20140425.pdf
<input type="checkbox"/> 05. CBC EOR Letter - NODE	<input type="checkbox"/> 05. I-9 Form Instructions	<input type="checkbox"/> 05. VA Form VA-4.pdf	<input type="checkbox"/> 05. VA_DMAS-Timesheet Instructions-20140425.pdf
<input type="checkbox"/> 06. CBC EOR Letter - Partial	<input type="checkbox"/> 06. W-4 Instructions	<input type="checkbox"/> 06. SP-107 Criminal History Record Request.pdf	<input type="checkbox"/> 06. VA_DMAS-Attendant Contact Info Change Form-20140425.pdf
<input type="checkbox"/> 07. Instructions for Notice of Discontinued Employment	<input type="checkbox"/> 07. VA-4 Instructions	<input type="checkbox"/> 07. DSS_CPS Central Registry Release.pdf	<input type="checkbox"/> 13a. Virginia Pay Schedule A 2018-2019.pdf
<input type="checkbox"/> 08. Notice of Discontinued Employment Form	<input type="checkbox"/> 08. Child Protection Registry - DSS instructions	<input type="checkbox"/> 08. Virginia Timesheet.pdf	<input type="checkbox"/> 13b. Virginia Pay Schedule B 2018-2019.pdf
<input type="checkbox"/> 09. Instructions for Accept of Responsibility	<input type="checkbox"/> Create PDF	<input type="checkbox"/> Create PDF	<input type="checkbox"/> Create PDF
<input type="checkbox"/> 10. Acceptance of Responsibility Form- for SB			
<input type="checkbox"/> 11. VA-DMAS-Employment Agreement-20140422.pdf			
<input type="checkbox"/> 12. VA_DMAS-Application for Tax Exemptions20140422.pdf			
<input type="checkbox"/> 13. VA_DMAS-Money Network Form-20140422.pdf			
<input type="checkbox"/> 14. DOC Stand alone Form V 1-10-prepop			

Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!

## Advocacy

### Community Drive, Inc.

[Community Drive, Inc.](#) is a knowledge-based practice dedicated to

building support circles with individuals, families and agencies. The ultimate outcome for any endeavor is that people are connected in warm, rewarding ways with family, friends, and personal networks and that their lives are rich and happy.



Community Drive was founded by Patricia Carver to support community inclusion and real life quality of people who have been unrecognized for their community contributions, and to promote access and equality. Her life and work are deeply set in the disability rights movement. She is the sibling of a man who experienced some of the failures of the "old" system of social supports for citizens with disabilities. Her brother was placed in a Virginia institution when he was young. He lived almost his entire life at the institution, until it was mandated by the Department of Justice to close.

The best practices of [person-centered planning](#), individual budgeting, quality of life analysis and [self-determination](#) are essential tools that Pat has publicly spoken about for many years. The mission of Community Drive, is to share and teach how to put these tools into practice so that people are connected in warm, rewarding ways with family, friends, and personal networks, ensuring that their lives are rich and happy.

Pat Carver invites you to reach out to her!

Her contact information: [pcarver@chartermi.net](mailto:pcarver@chartermi.net) | 810-231-6364

Other items of interest:

- The Need to Belong: Maslow's Hierarchy of Needs [Webpage](#) | [PDF format](#)
- [Spotlight TEDx Talk Video](#): Why separating kids with disabilities from their peers hurts instead of helps
- [National Resource Center for Supported Decision-Making](#)

## Spotlight On...



### The Arc of Northern Virginia

[The Arc of Northern Virginia](#) is located in Falls Church, Virginia. This Arc Chapter serves a number of roles. The Arc of No. Va offers direct support to parents through its workshops and offering opportunities to meet with staff and professional volunteers at their Lunch Bunch. They also have Parent Support Groups in which discussion topics may include federal and state financial support (Medicaid and disability), Medicaid waivers for those

with intellectual and developmental disabilities, guardianship issues for those who may not be independent as adults, as well as information about various human services supports, special education issues and private providers. The Arc of No. Va is also an advocacy group. It is the state designated guardian of last resort, and runs a pooled special needs trust program.

Organizations in your area like this one, can be a great resource to you and your family. These organizations often have been established for years, giving you an edge if you are stuck or need a sounding board to bounce ideas off of. Also, if you are interested in getting involved, these organizations are most likely looking for a person just like you to help them. Check them out!

- [Other Northern Virginia Non-Profit Groups/Organizations](#)



## Special Olympics Virginia

[Special Olympics Virginia](#) provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. This gives

individuals continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families and other Special Olympics athletes and the community. Special Olympics Virginia envisions a world in which people with intellectual disabilities lead healthy, vibrant lives grounded in ongoing sports and physical activity, sound nutrition and a deeply held conviction to improve, compete, achieve and demonstrate their personal best to themselves and their community. Special Olympics Virginia is made up of 32 Area programs, which are organized into eight Regions.

**Special Olympics**  
Virginia



## Moms In Motion in the Community

### Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:



- [Life We Deserve](#)
  - Located in Northern Virginia, they are committed to providing the best quality ABA (Applied Behavior Analysis) services with outstanding professionalism and integrity to promote a high quality of life for individuals with disabilities. Their services are individualized and age appropriate programs are provided to meet a variety of needs in the following areas: problem behaviors, communication skills, social skills, daily living skills, community based skills, play skills, and any other developmental areas.
- [The Planning Council](#)
  - They affect real change and help build stronger communities throughout parts of Virginia. Their services cover community engagement, childcare providers, resources and training for parents, and homeless solutions.

### "The Buzz" about Moms In Motion!

"By the time I called Moms in Motion I was almost inconsolable. Thankfully, the team member I talked with had a heart of gold. She also has a child with multiple disabilities so she knows exactly how tough and lonely this road can be. Instead of rushing me off the phone she really listened to me. Then, she provided resources and a plan of action to get us on track: a meeting at our local social services agency, resources for our son's specific needs, local community day programs, and support group information. She even called back a few days later to make sure we were not met by shut doors. That first phone call with Moms in Motion turned the tides and gave us hope. .... Moms in Motion is different. We are not just another Medicaid family to them. We are partners working together in the best interest of our son. It is this type of working relationship that benefits us all." [Read entire testimonial!](#)

### Moms In Motion at Daily Living Center's 30th Anniversary Golden Mile Celebration!



Sandi Cleveland, Regional Manager of Moms In Motion supporting the Daily Living Center at their 30th Anniversary Golden Mile Celebration. The [Daily Living Center](#) is a licensed adult day health care center serving the communities of Staunton, Waynesboro and Augusta County.

## Make a Difference!

- **Organ Donation** Register as an organ donor in Virginia. You can register as an organ donor online, by mail, or in person at your local VA DMV office. To be listed on the VA donor registry, you need to have either a Social Security number (SSN) or driver's license or ID card number. No one is too old or too young to be a deceased donor and most major religions support donation. [Pediatric donation](#) is different from adult donation. When a potential donor is under the age of 18, the parent or legal guardian always has to authorize the donation. In many states, people younger than 18 can sign up as organ donors when they get their learner's permit or driver's license. However, in most states if the child dies before age 18, the parents must make the donation decision.
- **Blood/Bone Marrow Donation** Over the past 30 years [Be The Match](#) AE, operated by the National Marrow Donor Program AE (NMDP), has managed the largest and most diverse marrow registry in the world. Give Life, donate your blood or bone marrow.
- **DMD Awareness** 20,000 boys in the United States and over 300,000 boys worldwide born with the most severe form of Muscular Dystrophy, Duchenne Muscular Dystrophy (DMD). DMD limits abilities and cuts lives too short. Currently there is no cure for DMD, the only FDA approved treatment can only help about 13% of the boys affected. Join in on the [DMD Shoe Challenge](#) to raise awareness for DMD.

## Job Opportunities at Moms In Motion



## Join Our Team!

### Do You Want to:

- Have a positive impact on people's lives?
- See the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?
- Have the chance to help people in your community on a day-to-day basis?

### Apply Today to Become a Service Facilitator

Moms In Motion / At Home Your Way is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. Apply today!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office).

Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. **We are a value added provider.** We help families to administer their consumer-directed services **AND** link them to additional services.

**If you can answer "Yes" to these questions we want you to join our Team of ACES:**

- Do I enjoy ADVOCATING?
- Am I COMPASSIONATE?
- Do I strive for EXCELLENCE in everything I do?
- Do I care about person-centered SERVICE?

### **Skills and Qualifications include:**

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

We are currently hiring all locations across Virginia, including the following:

Spanish-Speaking Service Facilitator - All locations	Craigsville / Goshen	Lynchburg
Finance Admin / Office Assistant - All locations	Culpeper	Madison County
Administrative Assistant - All locations	Danville / Pittsylvania Counties	Manassas
Family Resource Specialist - All locations	Deerfield	Monterey

Abingdon / Bristol / Washington County	Eastern Shore	Nelson County
Albemarle / Charlottesville Counties	Fairfax County	Orange County
Alexandria	Fauquier County	Page County
Alleghany County	Fluvanna County	Prince William County (Dumfries / Triangle / Woodbridge)
Amelia / Cumberland / Powhatan Counties	Frederick County / Winchester	Richmond
Arlington / Falls Church / McLean	Fredericksburg	Roanoke
Bedford County / Vinton	Giles County / Pulaski County / Radford	Shenandoah County
Bland / Smyth / Wythe Counties	Goochland / Louisa Counties	Southampton County
Branchville / Emporia / Jarrett Counties	Greene County	Spotsylvania County
Brunswick / Greenville Counties	Halifax / South Boston Counties	Stafford County
Campbell County	Hampton Roads	Staunton
Caroline County	Harrisonburg	Warren County
Carroll County / Floyd County / Galax / Grayson / Hillsville	Henry County / Martinsville	Waynesboro
Clifton Forge / Covington	Lee County / Norton / Russell County/ Scott County / Wise County	
Colonial Heights / Dinwiddie / Petersburg Counties	Loudoun County	
Craig County / Roanoke County / Salem	Lunenburg / Mecklenburg Counties	

To ensure your Moms In Motion / At Home Your Way application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

Email questions to [HumanResources@MomsInMotion.net](mailto:HumanResources@MomsInMotion.net)

[Share](#) this Job Opportunities section with your friends, family and colleagues.

**Service Facilitators make a positive difference in the lives of the individuals and families they serve.**

**Moms In Motion is the Biggest because we are the Best!  
Come Work with the Best :-)**

**Events**

**Tools You Can Use**



### [Sibling Support Group](#)

Sibshops provide support and guidance to siblings of children with disabilities. Jun 11 10am Woodbridge

[DLCV Office Hours - Speak to a Disability Law Advocate](#) Free 25 minute consultation sessions. To provide assistance with transition plans, assistive technology, social security, employment, and many other issues for people with disabilities. Jun 21 11am Norfolk

[Family Yoga!](#) These yoga sessions are for you and your children, with and without disabilities. You may use one of our mats or bring your own. Kidding Around Yoga™ incorporates stories, games, and play. Jun 28 6:30pm Woodbridge

[RESNA's 2018 Annual Conference](#) An unparalleled networking, education, policy, Assistive Technology and advocacy experience! Jul 11 - 15 Arlington

[The Arc of Virginia State Convention](#) Learn the latest information on federal and state issues affecting Virginians with developmental disabilities and their families and will include sessions on Waiver Redesign, Commonwealth Coordinated Care Plus, Federal Policy Issues, Inclusive Education, Early Intervention and more. Aug 6 - 8 Norfolk

These events and others can be accessed at Moms In Motion's [Calendar](#)!

### [CCC Plus Waiver Application Process](#)

Resource Page by Moms In Motion.

[Searchable Resource List](#) by Moms In Motion.

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia.

[Why, When, and How Can I Get the IEP Revised?](#) Consenting to an IEP does not mean you are stuck with it, or that it will be appropriate for an entire year.

[Navigating the Developmental Disability Waivers:](#) A Guide for Individuals, Families and Support Partners.

[2018 Directory of Services for People Who Are Deaf, Hard of Hearing and Deafblind](#) by the Virginia Department for the Deaf and Hard of Hearing (VDDHH).

Health Insurance Premium Program (HIPP) and HIPP for Kids informational [3 minute video](#) by The Arc of Northern Virginia.

## Waivers

### [Moms In Motion's Waiver Facebook Group](#)

Discuss and ask questions about Virginia's Medicaid Waivers, etc. (must have Facebook account)

Your Moms In Motion Service Facilitator is there if you have any questions. Our team of [Family Resource Specialists](#) are also here to help you too!

[VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.

[www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

## Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to



contact for employment options.

[Blog with videos](#), etc, to explain to another what an attendant is and highlight characteristics of a top quality attendant.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:

- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and [Centers for Independent Living](#) likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)
  - [MySupport](#)
  - [SitterCity](#)
  - [MyChoice4Care](#)
  - [Indeed](#)



Moms In Motion is a Service Facilitation provider for Medicaid EDCD/CCC+, CL & FIS Waiver enrollees.

**MomsInMotion.net**

Moms In Motion, P.O. Box 609, Front Royal, VA 22630

[SafeUnsubscribe™ {recipient's email}](#)

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by [info@momsinmotion.net](mailto:info@momsinmotion.net) in collaboration with



Try it free today

