

## Commonwealth Coordinated Care Plus (CCC Plus)

# Your guide to MCC of VA's extra benefits

As a Magellan Complete Care of Virginia (MCC of VA) member, you'll get all your Medicaid benefits, plus lots of extra benefits!

**Dental**—Up to \$550 every year for adults 21 and over for:

- Two cleanings and oral exams
- One set of x-rays
- Treatment for gum disease

**Vision**—Up to \$150 for glasses or contacts every two years for adults 21 and over

**Sports physicals**—Annual sports physicals from a primary care physician (PCP) for children ages 10–18

**Adult physicals**—Routine physicals from a PCP for adults 21 and over

**Bicycle helmets**—One bicycle helmet per year for children under 18

**Transitions of Care for foster children**—Backpack with supplies and comfort items (teddy bear, drawing and school supplies, a journal) for foster children entering a new home

**Transitions of Care for adults**—Backpack with supplies (personal hygiene items, community resource guides, area maps, pill boxes) for adults with frequent or avoidable emergency room visits

**Smart phone**—Get a free smart phone with:

- 350 free minutes each month
- 1 GB of data each month
- Unlimited text messaging

**Complete Care Counts incentives**—Get up to \$50 in gift cards each year when you do things that help your health, like:

- Complete your initial health risk assessment with your care coordinator
- Quit smoking
- Get your annual physical
- Go to all your doctor visits when pregnant
- Seeing your doctor within a week after hospital discharge

**Over-the-counter (OTC) products**—No-cost enhanced OTC products, up to \$50 each quarter, with a doctor's prescription.

**Clickotine™**—An interactive smart phone app to help you quit smoking with:

- Proven methods to help you quit smoking
- Tools to handle cravings
- Encouraging messages when you need them

**Environmental modifications**—Up to \$1,500 in physical modifications to your home or vehicle for non-waiver members (pre-authorization required). These changes will increase your safety and independence.

**Community Connections**—Online search tool to help you find important services in your area, like housing, food, job training and more.

**On to Better Health**—An online resource with:

- A screening tool to help you identify emotional challenges
- Information, tools and videos to help with physical and behavioral health conditions
- Online therapy tools to help with:
  - Anxiety
  - Insomnia
  - Depression
  - Substance use
  - Obsessive-compulsive disorder
  - Chronic pain

With the online tool, you can work at your own pace, wherever you want! Some modules are available for your smartphone or tablet.

**Post-discharge meals**—After you get out of the hospital, you and one family member get three meals delivered each day for up to five days.

**Personal care attendant support**—Up to 20 hours per year for a personal care attendant for non-waiver members (requires pre-authorization). After you leave the hospital or nursing facility, attendants will help you with things like:

- Bathing
- Dressing
- Eating
- Preparing meals
- Running errands
- Light housework

**Caring for Caregivers program**—Online workshops and other educational tools supporting the needs and health of caregivers.

**To learn more about any of these extra benefits, please call MCC of VA Member Services at 1-800-424-4524 (TTY 711). We're here Monday to Friday from 8 a.m. to 8 p.m. local time.**

This information is available for free in other languages and formats including online, in large print, Braille or Audio CD by calling Member Services at 1-800-424-4524 (TTY 711), toll free.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-424-4524 (TTY 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-424-4524 (TTY 711) 번으로 전화해 주십시오.

Magellan Complete Care of Virginia complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.