

# March 2021

An At Home Your Way/Moms In Motion/Ability Unlimited Monthly Publication

Answers, Help & Hope



Leveraging our Passion, Talent, and Experience  
to lead Families to the Answers, Help, and Hope they need!

[Visit our website](#)

## LIVE EVENTS



**SAVE THE DATE: Wednesday, March 17th 12pm - 1pm**  
[RSVP HERE](#)

Guest Speakers Chris Martin, *Director of Workforce Development*, and Matthew Hulcher, *Director of Summer Camp* of [SOAR365](#) will be live with us to discuss their resources, services, and programs!

### **Chris Martin, Director Workforce Development @ SOAR365**

Chris is a Virginia native, living in the Richmond area for most of his youth and adult life. Growing up in Ashland, Virginia, his mother was a nurse and his father was the chief of police of Ashland, fostering in Chris a sense of service

to the community that he still displays today. His first experience with individuals with intellectual disabilities came from working at a Boy Scout camp where he led and bonded with a group of scouts who had intellectual disabilities. It was through this experience that he found a passion for working with children and adults with intellectual disabilities. The experience was so powerful that Chris changed his major from Accounting to Special Education, eventually earning a B.S. in special education from Virginia Commonwealth University in 1988 and UVA in 1993.

After graduation from VCU, Chris was employed by the Henrico County Public Schools for nearly two decades. He was a Work Coordinator, Teacher, and various Leadership roles with HCPS. While in his work coordinator/teaching position from 1988 to 1999, he established and maintained relationships with large and small companies to create job opportunities for students with intellectual disabilities. Internally, he integrated communication channels within the school's system to better serve the students. Through his hard work, he was able to design and implement a comprehensive work training program that emphasized job role development, job training and student mentoring. As a result, many students enrolled in these programs had jobs lined up well before their graduation date.

After a stint in the private sector, Chris brought his talents to SOAR365 in April 2019. He currently serves as the Director of Workforce Development, a new position within the organization. Chris used his previous experience finding employment for individuals with disabilities to shape his approach at SOAR365. Chris uses a multi-dimensional methodology to find employment. Through an optimization and integration of internal communications -- like what he accomplished while working for Henrico County Public Schools -- Chris has streamlined SOAR365's processes. The Workforce Development Team now focuses on the individual's interests, preferences and strengths for competitive employment. This is done through job trials/situational assessments and other empirical data to place program participants in a job, matching their interests, preferences, and strengths.

He's found that custom tailoring employment opportunities to the individual yields better results than a "cookie cutter" approach. While creating happier employees, this also is financially better for the organization. If an employee enjoys their job, then the organization can use its resources to find new participants new employment rather than having to track back and try someone at different jobs over a short period of time.

Chris sees his role at SOAR365 as more than finding jobs for people. He views it as an opportunity to "create life-fulfilling opportunities for individuals with disabilities" as defined in the organization's Mission Statement. Chris welcomes the challenges that have been presented to him and is excited in the direction The Workforce Development Program is headed.

### **Matthew Hulcher, Director of Summer Camp @ SOAR365**

Matthew Hulcher grew up in Richmond, VA. and currently lives in Chesterfield County with his wife and 3 children. He has a bachelor's degree in Psychology from Liberty University and has spent the last 22 years helping to enrich the lives of individuals with intellectual and developmental disabilities. Matthew started working for SOAR365 in 2009 and has worked in many different departments within the agency. He supervised the Vocational Community



Program at SOAR365's Westwood location, later supervised the Adult Day Support Program and transitioned to becoming a Case Manager at SOAR365's Saunders location. Since 2016, Matthew has filled his most rewarding role thus far as the Director of SOAR365 Summer Camp. Some of his favorite memories growing up stem from his own experiences as a camper and counselor and he is passionate about bringing those same types of camp experiences to the individuals that we serve. When asked what he loves most about SOAR365 Summer camp Matthew simply says "I love it all"... "However, seeing our campers go fishing, boating and even horseback riding for the first time is always a highlight for me because I know that we have just helped them bridge the gap between dreams and possibilities".



**Join US!**

SOAR365 Summer Camp @ Camp Baker  
is Back for 2021 Day Camp Only



**June 14 - August 6, 2021**

Application available online at  
[www.soar365.org/summer-camp](http://www.soar365.org/summer-camp)

Application process and eligibility requirements have been  
adjusted for the 2021 season.

### **SOAR365 Summer Day Camp 2021**

applications will be available on our website to download and complete as early as January 15, 2021. The first deadline for applications is April 13, 2021 and applications will be online only this year (no mailed paper applications).

TO APPLY CLICK [HERE](#)

For 10 weeks every summer, SOAR365's Summer Camp at Camp Baker is brimming with the happiest campers anywhere—individuals with disabilities who are brimming with gratitude, enthusiasm and love—all of whom are being cared for by highly-trained counselors filled with compassion, grace and tenderness.

## **IN CASE YOU MISSED IT**

### **Ability Unlimited Facebook Live Event**

## Sensory Processing Disorder or Autism

- Adaptive seating and positioning
- Elopement aids
- GPS support
- Sensory swings and positioning
- Compression garments
- Sensory supports
- Noise-cancelling headphones
- So much more!!!



Check out our YouTube Channel for more informative videos



## IN THE NEWS



In case you missed it, check out this recent story regarding the appendix K extension as seen on [13 News Now](#).

If these flexibilities have been beneficial to you during this pandemic, if you've had peace of mind knowing you've been able to

keep your family safe, we strongly encourage you to contact your legislators to advocate for the state to extend these flexibilities. We have created a page on our website devoted to this effort that has the information you need to contact your legislators. [Click here](#) to check it out.

Read our latest Special Edition Newsletter on Appendix K

## Awareness & Advocacy



**World Down Syndrome  
Day: March 21**



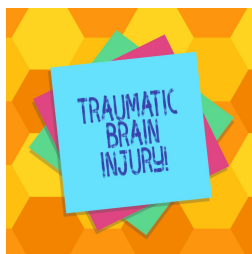
**Diabetes Alert Day:  
March 24**



**Epilepsy Awareness  
Day: March 26th**



**Multiple Sclerosis  
Awareness Week:  
March 7-13**



**Traumatic Brain Injury  
Awareness Month**



**Trisomy Awareness  
Month**

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# DO YOU HAVE A CHILD WITH OR WITHOUT AUTISM AGES 6-11?

**YOU CAN BE PAID UP TO \$150  
AND YOUR CHILD WILL GET 2 PRIZES  
FOR HELPING US LEARN MORE  
ABOUT HOW CHILDREN WITH AUTISM  
SOCIALIZE!**

## WHAT'S INVOLVED

- PARENT AND CHILD PLAYING GAMES TOGETHER
- PARENT QUESTIONNAIRES
- CHILD ACADEMIC AND IQ TESTING
- SESSIONS TAKE PLACE AT THE UNIVERSITY OF VIRGINIA **STRICT COVID PROTECTIONS ARE IN PLACE**
  - IF YOU LIVE MORE THAN 30 MILES FROM UVA, THE RESEARCH TEAM WILL WORK WITH YOU TO REIMBURSE TRAVEL COSTS

**CONTACT (434) 260-3888 OR  
EDNEURO@VIRGINIA.EDU FOR MORE INFO**

IRB-SBS #2174  
PRINCIPAL INVESTIGATOR: TANYA EVANS, PHD  
CURRY SCHOOL OF EDUCATION AND HUMAN DEVELOPMENT  
UNIVERSITY OF VIRGINIA



## Your Moms Team



Moms In Motion & At Home Your Way would like to introduce you to a few members of our amazing team in this "Getting to Know Your Team" series.

We value our clients more than anything and know the best way to show that is by choosing the best team to support their needs. We appreciate our team and know that their work is the reason for our success.

Our team members each have their reasons for why they chose Moms In Motion/At Home Your Way and you may find they have some things in common with YOU.

Today, we wanted to introduce you to just one of these phenomenal team members, and give you the opportunity to know who we are!

## WE ARE HIRING!

### Go For The Gold And Join A Winning Team



Waiver Service Facilitator Positions Open in:

- ❖ Danville
- ❖ Manassas
- ❖ Virginia Beach
- ❖ Hampton/Newport News

Visit [www.momsinmotion.net](http://www.momsinmotion.net) to apply

### Do you want to:

- *Have a positive impact on people's lives?*
- *See the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?*
- *Have the chance to help people in your community on a day-to-day basis?*

[Apply Today!](#)

**Moms In Motion / At Home Your Way** is looking for talented individuals to join our team!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. We are a value added provider. We help families to administer their consumer-directed services & link them to additional services.



If you can answer "Yes" to these questions we want you to Join our Team of ACES:

- Do I enjoy **ADVOCATING**?
- Am I **COMPASSIONATE**?
- Do I strive for **EXCELLENCE** in everything I do?
- Do I care about person-centered **SERVICE**?

#### Skills and Qualifications include:

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

\*We are currently hiring in Winchester, Page County, Chesapeake, VA Beach, Fairfax County, Buena Vista, Prince George/Hopewell, Roanoke City!

To ensure your **Moms In Motion / At Home Your Way** application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

[Share this with your network, friends and colleagues](#)

Email your questions to: [Recruiting@momsinmotion.net](mailto:Recruiting@momsinmotion.net)

## WAIVERS

### Tell Your Services Facilitator

Changes to your MCO, Health Insurance Premium Payment (HIPP) Program Enrollment, or Medicaid eligibility affects your authorization for Personal Care, Respite, and Companion hours. Moms In Motion needs to know where to send authorization requests to. Your Service Facilitator is often one of the last to know about these types of changes. You must have an authorization in place with the appropriate entity and fiscal agent in order for your attendant to work and get paid. Don't risk a lapse in services.

Helpful links:

- Please join our *public* Facebook [Medicaid Waiver Discussion Group](#)
- [CCC Plus Website](#)



If you receive a balance notice or Explanation of Benefits (EOB) statement:

*Moms In Motion's services are covered by DMAS/MCO and considered paid-in-full. No balance billing is permitted by any entity.*

### Who to Contact if You Move

- Department of Social Services in your current locality advising them of the move



- Your Service(s) Facilitator
- Your MCO
- Your current Community Services Board
- Advise those at HIPP
- All Doctors offices & Pharmacies
- Social Security Administration if you are receiving benefits like SSI (must be done in person)
- SIGN UP FOR USPS INFORMED DELIVERY [here](#)

## Developmental Disability Waivers

The State of Virginia currently offers three Developmental Disability (DD) waivers:

- Building Independence (BI)
- Community Living (CL)
- Family and Individual Supports (FIS)

Moms In Motion is able to facilitate services of Companion (when applicable), Personal Care & Respite under the CL & FIS Waivers.

To learn more about the DD Waivers & the services offered through them, please visit our [website](#) for a comprehensive overview.

## MONTHLY DISCUSSION WITH YOUR SERVICE FACILITATOR



### 1. New for this period:

- Retraining EOR on use of Respite during COVID-19.
- Retraining EOR on Respite balance: contacting Fiscal Agent or accessing portal.

### 2. At every visit:

- Are you eligible for [HIPP for Kids/HIPP](#)?
- Has there been a change to the the [Employer of Record \(EOR\)](#)?
- Have your level of care needs changed since our last visit?
- Any recent hospitalizations?

Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!

## MAXIMIZING YOUR BENEFITS

### Renewing Your Medicaid

Individuals on the [CCC Plus](#) & both of the [DD Waivers \(CL/FIS\)](#) are required to renew their Medicaid annually. A paper renewal application is usually mailed to the primary residence the month before the individual's renewal month. You will not be required to have another screening.

- When completing the renewal application, only include information regarding the individual requesting Medicaid.
- Write "CCC Plus/Long Term Care" at the top of the form.
- **Section 5: Renewal of coverage in future years (optional)** – to make it easier to determine your eligibility for help paying for health coverage in future years, you can agree to allow the Medicaid or FAMIS programs or the Marketplace to use income data, including information from tax returns. You will not receive a renewal application. Instead, you will receive notification of the outcome of your renewal. *5 years is the maximum number of years allowed .*

You can renew using the following methods:

- **By phone:**
  - Call Cover Virginia at 1-855-242-8282
  - TTY: 1-888-221-1590
- **By mail or in person:** Complete the paper renewal form and return it to your local department of social services.
  - Find your local Social Services office [here](#)

Failure to complete and turn in your Medicaid renewal application could result in lapse of coverage. Call Cover Virginia at 1-855-242-8282 if you have any questions.

## ABILITY UNLIMITED





## VEHICLE MODIFICATIONS



### Modifications that can be requested:

- Wheelchair Lift
- Hand controls
- Transfer Seat
- Raised roof or dropped floor
- Automatic doors
- Steering devices
- Pedal extenders
- Seat belt extenders
- Left-foot accelerators

### You may want to consider a vehicle modification if:

- The individual uses a wheelchair for mobility
- The individual needs assistance with transferring.
- The individual has one-sided weakness or difficulty holding onto things.



Complete AU's [Environmental Modification form](#) to get your request started today!

Have questions? We are happy to help!

Call (800) 511-9471 or e-mail [info@abilityunlimited.net](mailto:info@abilityunlimited.net) to get your request started today!

## Accessibility Your Way

We find out what "Accessibility Your Way" means to Ms. Alexis Smith as she conquers the world with Cerebral Palsy and dyslexia.

We hope you enjoy this interview as much as we did and if you want to learn more about Alexis' writing visit her blog [HERE](#).



## Client Testimonials

"I have had to deal with numerous vendors in trying to get support/devices for my son M.B. He has a rare diagnosis of Williams Syndrome (1 in 20,000) and getting the supplies he needs for trying to live as full a life as possible is not always easy with a rare disorder. I have to say that quite a bit of stress accompanies this process as well. Ability Unlimited has been such a blessing to our family. Once we get the LMN to them they take the ball and run with it. When asking for supplies I don't have to dig to find the information to prove eligibility as Ability Unlimited sends it without asking. While dealing with OT and PT that take a while to get back to this I get follow up emails from Ability Unlimited that lets me know they haven't forgotten about our son. EVERY TIME they ask if there is anything they can do to help with the process. You can see in the tone of their emails that they love their job and are WANTING to help and are willing to do the work necessary to allow my child to have a successful life. I think that companies that deal with this could take a lesson from you guys!!





Did you know that you could be eligible for Medicaid funding to cover approved Assistive Technology or Environmental Modifications through your CCC+ or DD Waiver, or if you are on EPSDT? [Ability Unlimited](#) (AU), is an invaluable source of information and assistance for those seeking to utilize these added benefits.

Experienced in the world Medicaid and disabilities, AU provides access to [Assistive Technology and Durable Medical Equipment](#) to people with special needs through Medicaid funding. We help you navigate Medicaid and the approval process, to give our client unlimited possibilities.

Follow AU on  
Facebook

Visit our  
website



Contact Ability Unlimited

800-511-9471

[info@abilityunlimited.net](mailto:info@abilityunlimited.net)

## At Home Your Way



### Aging In Place

Do you have an aging loved one on the CCC+ Virginia Medicaid Waiver or one of the 3 DD (CL, FIS, BI) Waivers? Did they suffer a stroke? Do they have

chronic diseases such as diabetes or CHF? Are they losing their cognitive abilities through Alzheimer's or dementia?

Did you know that their medical and personal care needs are not the only benefits of their waiver, but that they are also eligible for medically necessary AT, EM & DME? Check out the video for details!



### Resources for Aging In Place

[Office for Aging Service](#)

[Virginia Department for Aging  
and Rehabilitative Services](#)

[Piedmont Senior Resources  
Area Agency on Aging](#)

[Peninsula Agency on Aging](#)

## Key Roles in a Medicaid Waiver

### SERVICE FACILITATOR:

A Consumer-Directed (CD) Services Facilitator (SF) is the DMAS-enrolled provider who is responsible for supporting the individual and family/caregiver by ensuring the development and monitoring of the consumer-directed services plan of care, providing attendant management training, and completing ongoing review activities as required by DMAS for consumer-directed personal care and respite services.

To learn more about the role & responsibilities of the Service Facilitator, please visit our [website](#) for an overview.

### EMPLOYER OF RECORD:

The Employer of Record (EOR) is the person who performs the functions of the employer in the consumer-directed model of service delivery. The EOR may be the individual enrolled in the waiver, or a family member, caregiver, or another person.

To learn more about the role & responsibilities of the EOR, please visit our [website](#) for an overview.

### FISCAL AGENT(S):

The Fiscal Employer Agent performs payroll activities on behalf of the EOR. This allows the individual to use waiver funds to hire and pay attendants. The Managed Care Organization (MCO) contracts with the Fiscal Employer Agent to ensure that payment to the attendant is accurate based on approved service



authorizations and timesheets that have been approved by the EOR.

The Fiscal Employer Agent keeps payment records and follows all tax rules on the EOR's behalf. The EOR employs the attendant(s).

To learn more about Fiscal Agent and their role & responsibility, please visit our [website](#) for an overview.



To learn more about FA Aces\$, including how to check your authorizations, click [here](#)

To learn more about FA CDCN, including how to check your authorizations, click [here](#)

To learn more about FA PPL, including how to check your authorizations, click [here](#)

## ATTENDANT(S):

The attendant is an individual who provides personal care or supports for the waiver individual. The attendant is the individual hired by the Employer of Record (EOR) who provides CD personal assistance, respite services, or companion services to the individual. The attendant provides services that are authorized by DMAS or its designated service authorization agent. The attendant should have the knowledge, skills, and abilities to perform the functions and duties necessary to support the individual who is receiving services.

To learn more about the role and how to become an Attendant, please visit our [website](#) for an overview.

## Self Service

[Visit our website for your self-service needs](#)

Moms In Motion is fully aware of how important empowerment is for our clients and their families.

To learn of many numerous resources and tools readily accessible to you, please visit our webpages:



- [What are Waivers?](#)
  - [CCC Plus Waiver](#): learn more about this waiver, the benefits, and how to apply.
  - [CL/FIS \(DD Waivers\)](#): learn more about these waivers, the benefits, and how to apply
  - [Early and Periodic Screening, Diagnostic and Treatment \(EPSDT\)](#): a federal benefit for children under 21 that receive Medicaid (this is a program, not a waiver)

- [Individual and Family Support Program \(IFSP\)](#): an annual grant for those on the DD Waivers Waitlist
- [Self-Advocacy](#): Virginia General Assembly & Tips for Writing to Your Senator and/or Delegates.
- Moms In Motion's informational [CCC+ Self-Help Eligibility Tool](#)
- [Searchable Resource List](#) provided by Moms In Motion.
- Virginia's Health Insurance Premium Program ([HIPP](#)) and [HIPP for Kids](#)

## TOOLS YOU CAN USE

### INFORMATIONAL TOOLS

- [Why, When, and How Can I Get the IEP Revised?](#) by Wrights Law
- [Ability Center of Virginia](#) Helping children and adults with disabilities lead happy, productive lives.

### ListSers

- Join Yahoo ListServ [VaWaivers](#) to discuss & share news about Va Medicaid Waivers.

### Finding a CD Attendant(s)

- Relevant departments of local colleges. (OT, PT, etc)
- Ask your local school/school district for para-professionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)
  - [SitterCity](#)
  - [MyChoice4Care](#)
  - [Indeed](#)

## MEDICAID ADDED BENEFITS

### Amazon Prime

Amazon Prime is \$5.99 a month for qualifying customers with an EBT or Medicaid card. Cancel anytime.

[Click here](#) to sign up!



## Connect with Us

We're expanding our social reach!  
Be sure to connect with us now on [Instagram](#) and [LinkedIn](#)!







Moms In Motion/At Home Your Way is a Virginia Medicaid Service Facilitation provider for those approved for the CCC+ and DD Waivers (CL/FIS).

